

COVID-19 UPDATE

Dear Parents

Please do not put the Hill Top Community at risk by not adhering to the local / national restrictions regarding the spread of Covid-19.

If your child or a member of your household develops one or more of the following symptoms:

- Fever (temperature of 37.8 °C or higher) and/or
- new, continuous cough and/or
- loss or change in normal sense of smell or taste (anosmia)

it is crucial that the whole household self isolates and arranges a test for the person who is showing the symptoms. Tests are not needed for the rest of the household unless they too are showing symptoms.

If the test is negative, the household can stop self-isolating as long as no one else within the household is showing symptoms.

If the test is positive, the household needs to continue to self-isolate for two weeks, for the infected person, the self-isolation is 10 days unless they remain ill with a fever.

Please do not...

*Send your child into school with any of the symptoms - if you do, we have to isolate them in school. They will be supervised during this time (this prevents a risk to the member of staff supervising the child as well as the need for a deep clean of the area once your child has been collected). You will be asked to come **immediately** to collect them and arrange a test.

*Send your child to school if someone else in your household is showing symptoms - arrange for that person to have a test.

*Send your child to school if someone in your household is awaiting test results.

If Hill Top has a confirmed case (with a positive test result), the child or adult concerned will need to self-isolate for 10 days and their school bubble and family contacts will need to do the same for 14 days.

How to access testing

If you have symptoms, either log on to www.nhs.uk/coronavirus or call 119 if you have no internet access. Contacts without symptoms should not get tested unless they develop COVID symptoms or are advised to by Public health.

Hygiene

- Wash hands more often than usual, for 20 seconds, using soap and water
- For coughs and sneezes: [catch it, bin it, kill it](#)
- Avoid touching eyes, nose and mouth with unwashed hands
- Clean and disinfect regularly touched objects and surfaces more often than usual using standard cleaning products

Social distancing

- Limit contact with other people
- Stay 2 metres apart from people where possible
- Wash your hands regularly
- Self-isolate if you or anyone in your household has symptoms

Travel

- Avoid using public transport and travel on foot or by bicycle if possible

Face coverings

- Should be worn by most people when in enclosed spaces, such as on public transport, in taxis, when visiting a hospital, in shops and supermarkets and whenever we are indoors with people who are not part of our household or bubble. **We are now also recommending that parents wear face coverings when they are dropping / collecting their children at the school gates.** (This is only intended to keep you and others safe in what is often a busy time)
- Should not be worn by children under the age of 3 and are not required for children under the age of 11.
- Are not required where there is a [legitimate reason](#) for someone not to wear one, such as a physical or mental impairment or disability
- In primary schools where social distancing is not possible head teachers have the discretion to ask staff or visitors to wear, or agree to wear face coverings in busy communal areas.

Can we also ask that you are as considerate as possible to other pedestrians who might be passing the school gates (some of whom will have prams, visual impairments or have preschool children with them) so that they can pass by you safely, without having to resort to going on to the road to maintain social distancing. We do recognise that this is difficult when pavements are narrow.

Please, please, please let us work together to keep each other safe.

D. Martin - Head Teacher